

Worksheet 3: Whose story is it?

Choose one of your characters to be the main character in your story or play.

It is.....'s story.

The main character is called the protagonist.

The next thing is to find the COG. This stands for Character Obstacle Goal. Your main character must have a goal, which is something they need or maybe a place they need to get to. Or it could be a person they need to find. Whatever you wish.

The reader or audience must really care that they achieve their goal. The protagonist must have obstacles to overcome in order for them to achieve their goal. These can be inward ones or outward ones.

For example:

Inward

Fear
Pride
Phobias
No confidence
Shy
Being different
Not fitting in

Outward

Background
Family
Bullies
People saying no
No money
Location
Loss of best friend

In *A Room Full of Chocolate* here are some of the obstacles that Grace has to face.

Grace's internal obstacles are:

- Her fears about her mum's lump
- Missing her mum
- Loneliness
- Fitting in at a new school

Grace's outward obstacles are:

- Grandad not letting her see Megan
- Lucy Potts the bully
- Headmaster confiscating her phone
- The fact that she has been sent away to Yorkshire and has to get back to London

Fill in this sheet for your own story or play:

Your character is

Your obstacle is

Your goal is to

Cog = Character Obstacle Goal

Will

Overcome

And

You now have the story you are going to tell. Something to think about: In the journey to achieve his/her goal the protagonist will change and grow as a person.

